

WIFI: TALK TALK 7705B | PASSWORD: TK6WVK6P

INSTAGRAM @monaliciousfood | FACEBOOK @monaliciousfood

TWITTER @monalicious189

# monaliciousfood menu



MENU IS SERVED ALL DAY - NO SERVICE CHARGE INCLUDED

## OUR BREAKFAST BAGELS & BAGUETTES

*on choice of plain or seeded bagels; please note: all baguettes are lightly buttered*

### **BREAKFAST BAGEL £6.00 #BESTSELLER**

scrambled eggs, turkey ham, cheddar cheese, monaliciousmade chili jam, tomato & spinach

### **VEGGIE BREAKFAST BAGEL £5.50**

scrambled eggs, cheddar cheese, monaliciousmade chili jam, tomato & spinach

### **VEGAN BREAKFAST BAGEL £5.00**

smashed avocado, monaliciousmade chili jam, tomato & spinach - *why not try our customer recommendations: add vegan cheese, halloumi or turkey bacon for £1.50*

### **SMOKED SALMON & CREAM CHEESE BAGEL £4.50**

### **PEANUT BUTTER & BANANA BAGEL £4.00**

*(add nutella for 50p)*

### **AVO & EGG BREKKIE BAGUETTE £5.00**

scrambled eggs, tomato & spinach

### **FETA & EGG BREKKIE BAGUETTE £5.00**

scrambled eggs, tomato & spinach

*(add avocado for £1)*

### **TURKEY BACON & EGG BREKKIE BAGUETTE £5.00**

scrambled eggs, tomato & spinach

*(add avocado for £1)*

## SOURDOUGH BREAKFAST, ALL DAY BREAKFAST AND MORE

*all breakfasts come with two free range eggs served any style (scrambled, fried or poached) and a side salad with balsamic vinegar, choice of white, brown, seeded toast, sourdough or gluten free bread*

### **EGGS ANY STYLE ON SOURDOUGH BREAD £6.00**

### **SMASHED AVO SOURDOUGH £6.50**

with smashed avocado, chili & lime

### **EGGS & AVO SOURDOUGH £7.50**

with smashed avocado, chili & lime

### **EGGS, AVO & TURKEY BACON SOURDOUGH £7.95**

with smashed avocado, chili & lime

### **EGGS, AVO & SMOKED SALMON SOURDOUGH £8.95**

with smashed avocado, chili & lime

### **EGGS, AVO & HALLOUMI SOURDOUGH 8.95**

with smashed avocado, chili & lime

### **ALL DAY BREAKFAST £7.95 #BESTSELLER**

eggs any style, turkey bacon, baked beans, cooked tomato, fresh spinach & choice of bread

*add chicken sausage £1.50, avocado £1 or halloumi for £1.50*

### **VEGGIE ALL DAY BREAKFAST £7.95**

eggs any style, choice of smashed avocado or halloumi, beans, cooked tomato, fresh spinach & choice of bread  
*add veggie sausage £1, avocado £1 or halloumi for £1.50*

### **VEGAN ALL DAY BREAKFAST £7.95**

tofu scramble, vegan sausage, beans, cooked tomato, fresh spinach & choice of bread

*Add avocado for £1*

### **TOAST on choice of bread £2.50 OR BAGEL £3.00**

with one choice of nutella, peanut butter, honey, raspberry jam, cream cheese or marmite

### **HEARTY PORRIDGE £4.00**

with any toppings: banana, seasonal fruit, peanut butter, honey, granola, yogurt

**BREAKFAST ADD-ONS:** *monaliciousmade chili jam 70p, gouda cheese/feta/avocado £1, egg £1.20, turkey bacon/halloumi/vegan cheese £1.50, smoked salmon £2.80*

## GUTEN MORGEN UND MAHLZEIT (GOOD MORNING & ENJOY) - OUR AUSTRIAN TWIST - #CUSTOMER FAVOURITES

### **AUSTRIAN FRÜHSTÜCK** - our charming traditional

Austrian breakfast served on three tier stand, with fresh orange juice - **peak times up to 25 min wait**

### **AUSTRIAN DELUXE FRÜHSTÜCK £9.80**

scrambled eggs, turkey ham & cheese, tomato, cucumber, peppers, yogurt with fresh fruit & maple syrup, fresh bread rolls, apricot or raspberry jam, butter

### **AUSTRIAN DELUXE VEGGIE FRÜHSTÜCK £9.80**

same as deluxe above, avocado instead of turkey ham

### **AUSTRIAN DELUXE VEGAN FRÜHSTÜCK £9.00**

vegan cheese, avocado, tomato, cucumber, peppers, soya yogurt with fresh fruit & maple syrup, fresh bread rolls, apricot or raspberry jam, vegan butter

### **KAISERSCHMARREN**

scrumptious fluffy pancake pieces topped with icing sugar  
**peak times up to 25 min wait**

served with homemade plum compote £6.95

OR with yogurt, fresh fruit & maple syrup £7.95

### **PALATSCHINKEN**

Austrian crêpe style pancakes, three per portion  
vegan option available

traditionally filled with apricot jam £5.50

OR a choice of nutella, raspberry jam, maple syrup £5.50

OR with yogurt, fresh fruit & maple syrup £6.50

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## OUR LUNCHTIME BAGELS, BAGUETTES AND TOASTIES

*served with side salad with balsamic dressing OR salted crisps*

*choice of plain or seeded bagels, white, brown or seeded toast or gluten free bread*

### MONA'S FULLY LOADED BAGEL £7.95

#### #BESTSELLER

with smashed avocado, turkey bacon, halloumi, fried egg, fresh spinach & tomato and topped off with monaliciousmade chilli jam

*(can also be served in a wrap for £8.95)*

### GRILLED CHICKEN BAGUETTE £5.50

with grilled chicken, light mayonnaise, red onions, lettuce & tomato

*(add avocado for £1)*

### BLT BAGUETTE £5.00

with turkey bacon, light mayonnaise, lettuce & tomato

*(add avocado for £1)*

### HALLOUMI BAGUETTE £5.00

with light mayonnaise, lettuce & tomato

*(add avocado for £1)*

### HALLOUMI & TURKEY BACON BAGUETTE £5.50

with light mayonnaise, lettuce & tomato

*(add avocado for £1)*

### HAM & CHEESE GRILLED BAGUETTE £4.50

with cheddar cheese and turkey ham

### CHEESE & TOMATO GRILLED BAGUETTE £4.00

with cheddar cheese and tomato

### HAM & CHEESE TOASTIE £4.50

with cheddar cheese & turkey ham

*(add fried egg on top for an Austrian special for £1.20)*

### CHEESE & TOMATO TOASTIE £4.00

with cheddar cheese and tomato

*(add fried egg on top for an Austrian special for £1.20)*

### HUMMUS, TOMATO & PEPPER TOASTIE £4.00

with monaliciousmade hummus, tomato and peppers

## DELICIOUS WRAPS AND SALADS

*our WRAPS are served with choice of side salad with balsamic dressing OR salted crisps*

### CHICKEN WRAP £6.00

with lettuce, tomato, red onions, monaliciousmade tzatziki (yogurt, cucumber, garlic & mint dip) & monaliciousmade hummus

### HALLOUMI OR FETA WRAP £5.50

with lettuce, tomato, red onions, monaliciousmade tzatziki (yogurt, cucumber, garlic & mint dip) & monaliciousmade hummus

### SUPERFOOD WRAP £5.50

with spinach, tomato, cucumber, sweet potato, roasted seeds, monaliciousmade hummus, avocado

### CHICKEN SALAD £6.50

with spinach, tomato, cucumber topped with smashed avocado, roasted seeds & balsamic glaze served with sourdough bread (gluten free bread available)

### HALLOUMI SALAD £6.50

spinach, tomato, cucumber topped with monaliciousmade hummus, monaliciousmade tzatziki (yogurt, cucumber, garlic & mint dip) & balsamic glaze served with sourdough bread (gluten free bread available)

### FETA SALAD £6.50

spinach, tomato, cucumber topped with smashed avocado, roasted seeds & balsamic glaze served with sourdough bread (gluten free bread available)

### SUPERFOOD SALAD £6.50 - #BESTSELLER

spinach, tomato, cucumber, sweet potato topped with smashed avocado, monaliciousmade hummus, roasted seeds & balsamic glaze served with sourdough bread (gluten free bread available)

**ADD-ONS:** *avocado £1, fried or poached egg £1.20, feta cheese £1, grilled chicken £1.50, halloumi £1.50*

## TASTY OMELETTES

*served with side salad with balsamic dressing & sourdough bread, gluten free bread available*

### CHEESE OMELETTE £6.00

with cheddar cheese

### HAM & CHEESE OMELETTE £6.50

with cheddar cheese and turkey ham

### VEGGIE OMELETTE £6.50

with onions, tomatoes, peppers, spinach & cheddar cheese

### FETA SPINACH OMELETTE £6.95

with onions, feta cheese and spinach

IF YOU HAVE ANY ALLERGIES OR DIETARY REQUIREMENTS AT ALL PLEASE NOTIFY YOUR SERVER SO THEY CAN INFORM THE KITCHEN. PLEASE NOTE WE HAVE A SMALL KITCHEN THAT HANDLES MANY PRODUCTS AND WE ARE UNABLE TO GUARANTEE THAT THERE WON'T BE TRACES OF ALLERGENS IN ANY OF OUR PRODUCTS.